
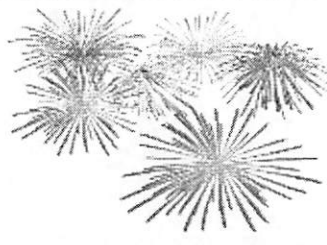

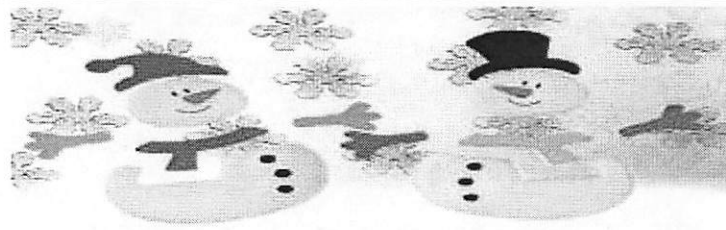


January 2024

Lafourche Parish Schools

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| <p>1</p>  | <p>2</p> <p>BREAKFAST PRICES:</p> <p>Elementary CEP Middle CEP High \$1.60 Reduced Free At Cost \$3.25</p> <p><u>Choice of milk is offered with every meal.</u></p> | <p>3</p> <p>LUNCH PRICES:</p> <p>Elementary CEP Middle CEP High \$2.10 Reduced Free At Cost \$5.00</p> <p><u>Menus are subject to change as needed.</u></p> | <p>4</p> <p>EXTRAS:</p> <p>Milk \$0.50 Bread \$0.50 4 oz Juice \$0.50 6.75 oz Juice \$0.50 Fruit/Vegetable \$0.50 Dessert \$0.50</p> <p>Entrees: <u>Elementary \$1.25 High \$1.50</u></p> | <p>5</p>  |
| <p>8</p> <p>Breakfast Pizza Sliced Peaches Assorted Juices</p> <p>Hamburger w/Bun Baked Beans Pickle Slices Strawberry Applesauce Chocolate Chip Cookie</p> | <p>9</p> <p>French Toast Sticks w/Syrup Chilled Pineapple Assorted Juices</p> <p>Fish & Cheese w/Bun Baked Potato Wedges Steamed Broccoli Pineapple w/Cherries</p> | <p>10</p> <p>Assorted Cereal, Toast Fruit Cocktail Assorted Juices</p> <p>Chicken Patty w/Bun Pickle Slices Steamed Corn Blushing Pears</p> | <p>11</p> <p>Sausage Link Toast w/Jelly, Pears Assorted Juices</p> <p>Pizza Oven Fries Steamed Carrots Chilled Peaches</p> | <p>12</p> <p>Chocolate Chip Muffin Applesauce Assorted Juices</p> <p>Meat Pie Oven Fries Steamed California Vegetables Fruit Cocktail</p> |
| <p>15</p>  | <p>16</p> <p><i>Professional Development Day</i></p> | <p>17</p> <p>Toaster Pastries Fruit Cocktail Assorted Juices</p> <p>Pizza Oven Fries Steamed Corn Blushing Pears</p> | <p>18</p> <p>Breakfast Pizza Pineapple Assorted Juices</p> <p>Meat Ball Mashed Potatoes w/Brown Gravy Green Peas, Whole Wheat Roll Lettuce & Tomato Salad Fruit Cocktail</p> | <p>19</p> <p>Donut Apple Assorted Juices</p> <p>Chicken Nuggets White Beans w/Steamed Rice Tossed Salad w/Ranch Dressing Whole Wheat Roll Chilled Pineapple</p> |
| <p>22</p> <p>Muffin Sliced Peaches Assorted Juices</p> <p>Meat Pie Baked Potato Wedges Steamed Broccoli Fresh Apple</p> | <p>23</p> <p>Breakfast Pizza Applesauce Assorted Juices</p> <p>Beef Tacos Baked Beans Lettuce/Tomato/Cheese Strawberry Applesauce Pudding</p> | <p>24</p> <p>Sausage Biscuit Fruit Cocktail Assorted Juices</p> <p>Baked Chicken Parsley Rice, Tossed Salad Seasoned Green Peas Whole Wheat Roll Chilled Pineapple w/Cherries</p> | <p>25</p> <p>Pancake On A Stick w/Syrup Pears Assorted Juices</p> <p>Turkey & Sausage Gumbo w/Brown Rice Steamed California Vegetables Potato Salad, Crackers Fruit Cocktail</p> | <p>26</p> <p>French Toast Sticks w/Syrup Fresh Fruit Assorted Juices</p> <p>Fish & Cheese w/Bun Oven Fries Lettuce/Tomato/Pickle Slices Fresh Carrot Sticks Chilled Pears</p> |
| <p>29</p> <p>Breakfast Pizza Sliced Peaches Assorted Juices</p> <p>Smoked Sausage Red Beans w/Brown Rice Steamed Cabbage Cornbread Chilled Peaches</p> | <p>30</p> <p>French Toast Sticks w/Syrup Chilled Pineapple Assorted Juices</p> <p>Sloppy Joe w/Bun Steamed Corn Carrot Sticks w/Ranch Dressing Blushing Pears Cookie</p> | <p>31</p> <p>Assorted Cereal, Toast Fruit Cocktail Assorted Juices</p> <p>Lasagna Green Salad w/Spinach Steamed Broccoli Hot Roll Fresh Fruit</p> |  | |

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